

Traffic Light Game Checklist – Green, Yellow, Red

 GREEN GAMES <i>Creative / Educational / Low-risk</i> ✓ Minecraft (Creative mode) ✓ LEGO Builder's Journey ✓ Toca Life World ✓ Monument Valley ✓ ABZÛ ✓ Osmo (educational iPad games) ✓ Lightbot ✓ Stardew Valley (offline) ✓ PBS Kids, Pango, or Sago Mini games	 YELLOW GAMES <i>Moderate risk – needs adult supervision</i> ⚠ Roblox ⚠ Fortnite ⚠ Pokémon Go ⚠ Among Us ⚠ Minecraft (Survival mode or online servers) ⚠ Clash Royale / Brawl Stars ⚠ FIFA / NBA 2K (sports games with stores)	 RED GAMES <i>High risk – addictive and manipulative design</i> ⊘ Call of Duty: Warzone ⊘ Diablo Immortal ⊘ Candy Crush / “energy bar” games ⊘ Apex Legends ⊘ PUBG ⊘ Valorant ⊘ Casino, gambling, or slot-machine games
 Features: • Calm, open-ended gameplay • No time pressure • No microtransactions or chat • Fosters creativity, focus, and problem-solving	 Risks: • In-game purchases (skins, loot boxes) • Peer pressure and competition • Open chat with strangers and potential predators • FOMO from limited-time events	 Red Flags: • No real ending—endless progression • Randomized rewards (loot boxes) • Pay-to-win strategies • Constant dopamine spikes • High emotional swings when not playing • Open chat with adults or strangers
With guidance and supervision, these games are safe for kids	 Parent Tips: • Disable chat or use kid safe mode • Supervise gameplay • Set clear time and money limits • Ask questions about what's happening in-game	⚠ These games require strong leadership and emotional support. If your child plays them, monitor closely for behavioral changes, mood swings, or compulsive play.